A Message from Mrs Bonello
Here we are already in the third week of the term; how time flies when you’re having fun! Our new students have settled in well thanks to the warm and inclusive environment we have here at Bankstown West. And our new Kindergarten students are off to a great start, largely thanks to our comprehensive transition program and the patience, dedication and support of all our fine teachers.

Thank you to those of you who managed to join us for our Meet ‘n’ Greet barbecue yesterday. What a great time was had by all. If you haven’t yet met your children’s teachers they are all more than happy to set aside time to speak to you – please just ask to make an appointment through the front office. Let me remind you interviews about your child’s progress are scheduled for the end of Semester One for all families.

Today’s Top Tip
Growing bodies need healthy food. We cannot stress enough how critically important it is that children eat well at school. This does not mean they need a lot to eat – it just means they need to eat healthy food. Please leave treats for afternoon tea once your children get home. Fruit at recess helps build healthy bodies and minds. At lunch children need something savoury and sandwiches of some sort, or the equivalent, are the easiest way to manage this. While your children are at school they only have access to the food you pack for them or the food at the canteen. Our canteen adheres to a healthy menu. If you also provide only healthy food your children will have no choice but to make wise food decisions. For example, did you know that packets of potato chips have been shown to cause excessive tooth decay? If we feed our children well they stay alert and able to learn and it sets them up for life with good eating habits. It’s up to us as the adults to make this happen.

Uniform News
It’s wonderful to see such a lovely start to the year – so many of our children in new uniforms and all looking spick ‘n’ span. It is an expectation that all students be in full school uniform every day, and this includes your choice of the three different styles we offer of school hat. If you have any questions about our uniform, please ask at the office.

Students’ last day: Friday 11 April
School Holidays: Sat 12 Apr to Mon 28 Apr
K-6 students return to school: Tues 29 April

Playgroup operates on Fridays with Mrs Hofmeyer from 9am to 11am in the art room. All welcome! This is of particular importance if your young child doesn’t attend preschool.

P&C News
On the second Wednesday of every month the P&C holds their meeting. Last Wednesday was the first for the year and we welcomed many new members. This is a chance for parents to learn more about the life of the school. It is a friendly and relaxed environment, and our community language teachers (Vietnamese and Arabic) attend so they can help as required. Please join us. The next meeting will be held on March 12 and the AGM will be held on April 9. It is at the April meeting that the new executive will be voted in. More information will be sent home in the coming weeks, or see our website.

Calendar – The weeks ahead

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<th>Term 1 Week 3</th>
<th>Term 1 Week 4</th>
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<th>Term 1 Week 6</th>
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<tr>
<td>Fri 14 Feb</td>
<td>Water Carnival - 12 noon start</td>
<td>Fri 21 Feb</td>
<td>Summer PSSA begins</td>
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<td>Term 1 Week 4</td>
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<td>Fri 28 Feb</td>
<td>Schools Clean Up Day</td>
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